

# UNIVERSAL HEALING TAO®

# SYSTEM

(Type in Qigong/Associate/Certified Instructor/Practitioner)

#### Dear

Congratulations on having completed the necessary requirements for being certified and joining the UHT SYSTEM<sup>®</sup>. The highest standard of ethical and moralconduct is required for certification as an UHT Instructor/Practitioner. Upon receiving the certificate as a UHT Instructor/Practitioner, issued by UNIVERSAL HEALING TAO<sup>®</sup> Network Asia and handed to me by Grandmaster Chia and/or an UHT Inner Alchemy Senior Instructor. I will be aware of the listed terms and conditions of certification and ethics as described below.

Please read carefully, type in your name and sign on the line below to indicate that you understand and agree to all the terms and conditions.

- I <u>Terms and Conditions of Certification</u>
- 1. I am maintaining an updated body of knowledge regarding UNIVERSAL HEALING TAO® practices

Agreement for

- 2. I am only allowed to teach the practices in which I am certified, printed in my UHT Certificate and shown in our global UHT Instructor-Directory
- 3. Giving credit and respect to all promotion materials produced by UHT System and Grandmaster Mantak Chia

#### II Entitlements

- As a certified UHT Instructor/Practitioner you are entitled to use the UNIVERSAL HEALING TAO® name and logos to promote your instruction. Any commercial products (such as books, booklets, videos, tapes, or CDs) based upon UNIVERSAL HEALING TAO® tenets and/or practices that you produce & market are subject to a contract with and from the UNIVERSAL HEALING TAO Center.
- 2. You are given the appropriate instructor status and certification keys in the UHT SYSTEM and the global UHT Instructor-Directory.
- 3. Upon receiving the certificate, I am entitled to benefits, discounts etc. For this purpose, I receive personal Instruction and a speciallist.

#### III Commitments

- 1. Membership in the Continental UNIVERSAL HEALING TAO<sup>®</sup> Network and conformity to their rules and regulations is a requirement for certification. A membermust maintain good standing with regard to dues established by the Continental Network and membership must be keptcurrent.
- 2. Participation in the Continental Instructor retreats usually held every four years within the continent
- 3. Fees for instruction shall not exceed the recommendations of the Continental Networks. (See <u>www.universaltaoinstructors.com</u> ⇔Downloads ⇔EvaluationFees)
- 4. Only approved instructional materials may be used as a part of UNIVERSAL HEALING TAO® instruction.
- 5. All Instructors and Practitioners maintain records of all students with name, address, date of birth, title and date of the course completed and send those records to Continental Network Asia. 

  → I have also been informed that all my data collection is voluntary except of the names and e-mail adresses.

#### IV Liabilities

- 1. Certification by the UNIVERSAL HEALING TAO® System carries no expressed or implied insurance coverage for liability incurred while instructing the UNIVERSALHEALING TAO® practices. Liability insurance should be maintained by each individual UHT Instructor/Practitioner.
- Certification carries no expressed or implied authority to engage in medical or healing practices. UNIVERSAL HEALING TAO® certification is for instructing individuals to care for themselves. Use of any of the UNIVERSAL HEALING TAO® techniques for medical purposes can only be performed under supervision of qualified medical person. Please observe the legal regulations of your country.
- 3. No instruction may be given to any person under the age of 18 years without prior express written consent of a parent or legal guardian. Such expresswritten consent must be maintained on file.

#### V Ethics

- 1. Demonstrate acceptance of a clear, respectful and friendly Continental Instructor Network
- 2. Constantly respect GrandmasterChia, UNIVERSAL HEALING TAO® teachings, Instructors, and all students in our words and actions.
  - a) Foster cooperation, sharing and trust amongst Instructors as well as in UHT organization
  - b) Being helpful and compassionate amongst each other
  - c) Clear, honest and open communication
  - d) Teaching in the same area we maintain the principle of abundance
- 3. Actively seek cooperation between Instructors and being accountable for the quality of the UNIVERSAL HEALING TAO® System
- 4. Be clear when informing students about fees, conditions of the class, duration, and expected results (for instance, students of the sexual practices understandthat the practices are internal, and they will receive instructions while sitting on their chairs and that there will be

#### no nudity or any actual sexual practice in the class;

- 5. Be honest in representing our background and experience to students and the general public;
- 6. Be scrupulous in maintaining the boundaries of the teacher-student relationship and be clear in our communications.

Never be involved in sexual affairs with actual students;

- 7. Be, from the beginning, clear and transparent about economic conditions with workshop organizers and with students;
- 8. Give your best to be a model of the TAO teachings;
  - a) be a good model and honest as a human being;
  - b) good listener to the real needs of yourstudent;
  - c) keep in mind the spiritual development of your students;
  - d) create ways to spread the teachings;
  - e) be and act in accordance to the Taoist Virtues

9. We are aware of our powerful position and honor the responsibility to harmoniously develop the UNIVERSAL HEALING TAO® System

#### VI <u>Revocation</u>

1. Violation of the above terms and conditions of certification, standards or ethics and agreements and the rendering of inproper training or instruction will result in the immediate revocation of UNIVERSAL HEALING TAO<sup>®</sup> certification.

#### VII Additional Terms for upgrading to higher levels

- 1. To continue your education and training in Mantak Chia's UNIVERSAL HEALING TAO® system, please take a look at our training rules.
- 2. Please go to www.universaltaoinstructors.com 🛱 Become an Instructor or login to your personal Instructor profile in our UHT Instructor-Directory:
- www.universaltaoinstructors.com ⇔My Downloads for further Information or contact your UHT Country Coordinator
- 3. You can only pass on the contents of the subjects and practices for which you are certified to my future students.

#### VIII Data Protection Statement

With your signature you acknowledge our Data Protection Statement. See ⇔ DOWNLOAD LINK

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Applicants profile for becoming CNT Practitioner CNT Teacher

First Name	Last Name
e-mail	
Zip	City
Street / No.	Date of Birth & Time
Phone	Mobil Phone
Phone	Mobil Phone
Phone Country	Mobil Phone State

## Dear Chi Nei Tsang® 1 Trainee,

to reach the level of a '*UHT Chi Nei Tsang*<sup>®</sup> 1 *Practitioner*', 70 completed Case Study Forms are needed. To train and develop your skills, Grandmaster Mantak Chia wants you to show your Chi Nei Tsang<sup>®</sup> practice for thispart of your Chi Nei Tsang<sup>®</sup> 1 education. Within each of the 70 sessions with Students (partners, clients, friends or relatives), several actions are necessary. Please observe the legal regulations valid in your country.

## Thank you very much !

UHT Chi Nei Tsang<sup>®</sup> 1 is an element of the UNIVERSAL HEALING TAO<sup>®</sup> System. I confirm that I will not publish, teach, or in any form or way attempt to impart the principles of the Universal Tao to the public, until such time as I have received personally from Grandmaster Mantak Chia, or his representative, the training and testing necessary to become a qualified practitioner of the UNIVERSAL HEALING TAO<sup>®</sup> Chi Nei Tsang<sup>®</sup> 1 practices.

### Letter of agreement

Hereby I confirm with my signature that I have been informed about the general conditions and principles of the treatment and I agree with them. I have also been informed that all my data collection is voluntary. Furthermore, I agree that the treatment data, evaluations, and documentation concerning my person will be stored for 5 years for the purpose of treatment by the above-mentioned institution. This also applies to any treatment data and findings from an external treatment by a third party which may have been transferred to the institution.

I am aware that I can withdraw my consent in whole or in part, at any time - for the future. This results in a termination of the treatment contract and the deletion of my data. My data is subject to confidentiality and will be treated strictly confidential. I understand that data concerning my person will only be passed on to third parties to the extent required by a judicial order or other legal obligation, provided that, to the fullest extent permitted by law, I will be notified of such a required disclosure.

This agreement is fully understood and agreed to and is signed as it stands data protection. See ⇒ **DOWNLOAD LINK** 

## **DESCRIPTION & PROFILE OF THE STUDENT**

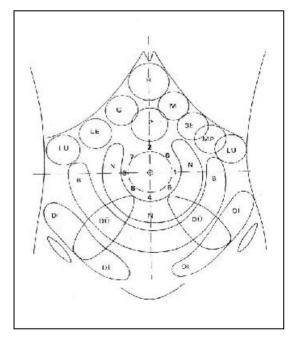
1. First Name : Surname :					
2. Gender:   female  male  Date of Birth & Time :					
3. E-mail					
Line 1-3 is needed. All further details from here are personal data and can be blackened or completely cut off. Questions about Students self-assessment:					
Body Constitution :  underweight  slim  normal  muscular  corpulent  overweight					
<b>5 Element Balance</b> : $\bigstar$ Water $\checkmark$ $\bigstar$ Wood $\checkmark$ $\bigstar$ Fire $\checkmark$ $\bigstar$ Earth $\checkmark$ $\bigstar$ Metal $\checkmark$					
e.g. Chi Balance of the element : $\mathbf{\uparrow}$ = strong water = normal $\mathbf{\Psi}$ = week					
Find 5 Element balance through : <u>Inner Alchemy Astrology</u>					
Sleep :					
Emotional Level :					
Stress Conditions :   never   occasionally   regularly   ongoing   too much					
Women : Are you pregnant?					
Do you have a pacemaker? 🛛 no 🖓 yes Do you have thrombosis? 🖾 no 🖓 yes					
Are you taking antipsychotic drugs?  I no I yes					
Main challenges :					

I am aware that Chi Nei Tsang I is primarily an educational process enabling me to care for myself in a more informed way. I know that I am responsible for my own physical, emotional, mental, and spiritual well-being. This training in Chi Nei Tsang I will enable me to understand myself better and become capable of functioning more fully as a complete being in harmony with myself. I am not here to be treated for any illness, disease, or disability. With Chi Nei Tsang as taught by Grandmaster Mantak Chia no diagnoses are made, it can in no case replace the consultation with a medical doctor.

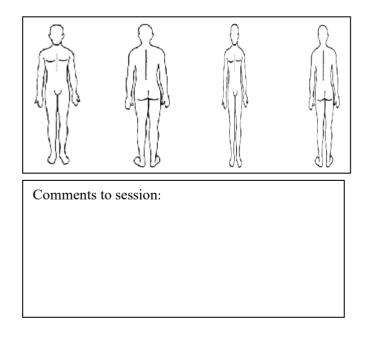
SESSION 1 NAME Student : DATE:							
Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down. Feedback from Student:							
Feedback from Student:      □ no change	better 🛛 good	worse					
<ul> <li>O relaxing the body through leg movements</li> <li>O activating groin pilse and soul gates</li> <li>O opening the wind gates</li> <li>O skin detox</li> <li>O loosening the thoracic diaphragm</li> <li>O activation of organ pulses start with lungs</li> <li>O clearing large intestine</li> <li>O clearing small intestine</li> <li>O liver and gall bladder</li> <li>O spleen, stomach pancreas</li> <li>O heart and sternum</li> <li>O intercostal muscles</li> <li>O kidneys</li> <li>O abdominal pelvic clearing</li> <li>O psoas, sciatic nerve</li> <li>O work on other parts of the body</li> <li>O collect energy in the navel</li> </ul>	Head & Neck (Carotid Pulse R) Lung & Arm (Axillary Pulse R) Lug & Pelvis (Femoral pulse left R)	Head & Neck (Carotid Pulse L) Lung & Arm (Axillary Pulse L) Solar Plexus (Celiac trunk Pulse) Navel Pulse - Aorta Dan Tien Pulse Leg & Pelvis (Femoral pulse left L)					
O recommendation related to: Chi Nei Tsang self-massage detox method: inner smile 5 element nutrition: iron shirt position: healing sounds:							
	Comments to session:						
<ul> <li>AFTER SESSION for Student (Client)</li> <li>1) Drink warm clean water for lymph detoxification.</li> </ul>							

- 2) For better result don't eat & drink 30-60 minutes before & after.
- 3) Responses: Discomfort (6-8 days in abdominal area), Lighter feeling in head (heat), Sweating (7-20 days), Tiredness, Bowel movement, Recovering feeling, Sleepiness.

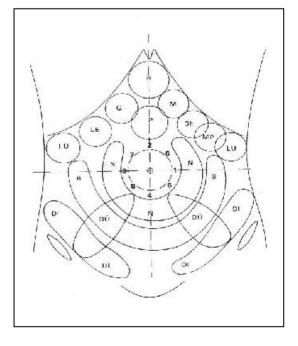
SESSION 2 NAME Student :		DATE:					
Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.							
Feedback from Student:	□ better □ good	□ worse					
<ul> <li>O relaxing the body through leg movements</li> <li>O activating groin pilse and soul gates</li> <li>O opening the wind gates</li> <li>O skin detox</li> <li>O loosening the thoracic diaphragm</li> <li>O activation of organ pulses start with lungs</li> <li>O clearing large intestine</li> <li>O clearing small intestine</li> <li>O liver and gall bladder</li> <li>O spleen, stomach pancreas</li> <li>O heart and sternum</li> <li>O intercostal muscles</li> <li>O kidneys</li> <li>O abdominal pelvic clearing</li> <li>O psoas, sciatic nerve</li> <li>O work on other parts of the body</li> <li>O collect energy in the navel</li> </ul>	Head & Neck (Carotid Pulse R) Lung & Arm (Axillary Pulse R) Leg & Pelvis (Femoral pulse left R)	Head & Neck (Carotid Pulse L) Lung & Arm (Axillary Pulse L) Solar Plexus (Celiac trunk Pulse) Navel Pulse - Aorta Dan Tien Pulse Leg & Pelvis (Femoral pulse left L)					
O recommendation related to: Chi Nei Tsang self-massage detox method: inner smile 5 element nutrition: iron shirt position:							



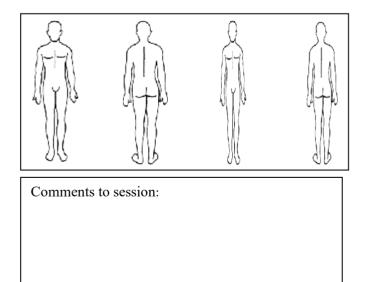
healing sounds:....



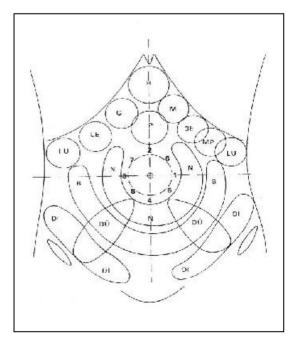
SESSION 3 NAME Student :					D	ATE:
Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.						
Feedback from Student: 🛛 no change	🛛 b	etter [		good	□ worse	
O relaxing the body through leg movements O activating groin pilse and soul gates O opening the wind gates O skin detox O loosening the thoracic diaphragm O activation of organ pulses start with lungs O clearing large intestine O clearing small intestine O liver and gall bladder O spleen, stomach pancreas O heart and sternum O intercostal muscles O kidneys O abdominal pelvic clearing O psoas, sciatic nerve O work on other parts of the body O collect energy in the navel		(Carot Lung (Axillary Leg	tid P & A Puls			Head & Neck (Carotid Pulse L) Lung & Arm (Axillary Pulse L) - Solar Plexus (Celiac trunk Pulse) Navel Pulse - Aorta Dan Tien Pulse Leg & Pelvis (Femoral pulse left L)
O recommendation related to: Chi Nei Tsang self-massage detox method: inner smile 5 element nutrition: iron shirt position:						



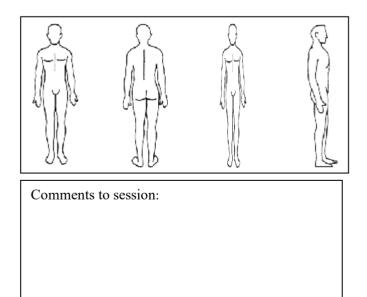
healing sounds:....



SESSION 4 NAME Stude	ent :					DA	ATE:
Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.							
Feedback from Student:	no change		better		good	□ worse	
O relaxing the body throug O activating groin pilse an O opening the wind gates O skin detox O loosening the thoracic of O activation of organ pulse O clearing large intestine O clearing small intestine O liver and gall bladder O spleen, stomach pancre O heart and sternum O intercostal muscles O kidneys O abdominal pelvic clearin O psoas, sciatic nerve O work on other parts of th O collect energy in the na	nd soul gates liaphragm es start with lungs eas ng ne body		(Ax	Lung & A illary Pul	vrmse R)		Head & Neck (Carotid Pulse L) Lung & Arm (Axillary Pulse L) - Solar Plexus (Celiac trunk Pulse) Navel Pulse - Aorta Dan Tien Pulse Leg & Pelvis (Femoral pulse left L)
O recommendation relate Chi Nei Tsang self-massa detox method:	ge						

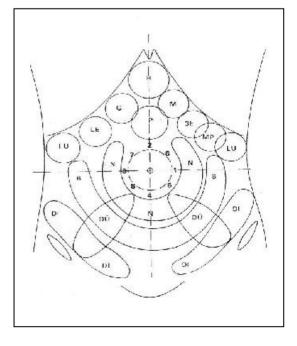


healing sounds:....



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SESSION 5 NAME Student :		DATE:				
Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.						
Feedback from Student: 🛛 no change	e □ better □ good	□ worse				
O relaxing the body through leg movemer O activating groin pilse and soul gates O opening the wind gates O skin detox O loosening the thoracic diaphragm O activation of organ pulses start with lun O clearing large intestine O clearing small intestine O liver and gall bladder O spleen, stomach pancreas O heart and sternum O intercostal muscles O kidneys O abdominal pelvic clearing O psoas, sciatic nerve O work on other parts of the body O collect energy in the navel	Head & Neck (Carotid Pulse R)	Head & Neck (Carotid Pulse L) Lung & Arm (Axillary Pulse L) - Solar Plexus (Celiac trunk Pulse) Navel Pulse - Aorta Dan Tien Pulse Leg & Pelvis (Femoral pulse left L)				
O recommendation related to: Chi Nei Tsang self-massage detox method: inner smile 5 element nutrition: iron shirt position:						



healing sounds:....

