

## CNT IV – Karsai Nei Tsang

### Become a CNT IV Trainee

#### Prerequisite:

- CNT I Trainee

Apply in writing for study and training

**CNT IV Course:** Attend your first CNT IV course of min. 21 hours Teachings of CNT IV, Karsai Nei Tsang techniques including anatomy taught by a CNT IV Teacher or a CNT I Senior Teacher (Key CNTST1&T4)

#### Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

#### **CNT IV Course Curriculum** (total 21h)

##### Theory: (4h)

- Anatomy
- CNT IV techniques
- Karsai Nei Tsang
- Genital, therapeutic massage techniques
- Methods of cleansing intestines with herbs or hydro colonic

##### Practical: (13h)

- CNT IV Hands on techniques
- Exchanging CNT IV massage technique with different partners
- Learn to release negative energy, to protect and cleanse yourself

**Basic training:** (4h)

- Iron Shirt I
- Inner Smile
- 6 Healing Sounds

**Result:** CNT IV Trainee

Allows to collect case studies of approx. 1-hour sessions.

Collect within 24-months 30 study cases. 20 Can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

## **Become a CNT IV Practitioner**

**Prerequisite:**

- CNT I Practitioner
- CNT IV Trainee

As a CNT IV Trainee, apply in writing for study and training

**CNT IV course:** Attend your second 21-hour CNT IV course, taught by a CNT IV Teacher or a CNT I Senior Teacher (Key CNTST1&T4)

**Case studies:** When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT IV training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course 30 case studies in CNT IV

**Recommended extra courses:**

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I (extra 20h)

Attend a Universal Healing Tao course, that includes 3 Fires, Microcosmic Orbit and Healing Love (extra 20h)

**Evaluation:** CNT I Senior Teacher or CNT IV Teacher, supervised by CNT I Senior Teacher (Key CNTST1&T4)

**Result:** Certified CNT IV Practitioner

Which allows you to work as a CNT IV Practitioner on students and clients.

Profile as a CNT IV Practitioner is added to the UHT Instructor-Directory (Key CNTP4)

## Become a CNT IV Teacher

### Prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I Teacher
- Work as an active CNT IV Practitioner for minimum 2 years.

As a CNT IV Practitioner apply in writing for

**Assisting:** Participate as assistant in a 21-hour CNT IV course, taught by Grandmaster Chia or a CNT I Senior Teacher (KeyCNTST1 &T4)

**Case studies:** When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT IV training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course 100 case studies in CNT IV

**Evaluation:** Grandmaster Chia or 2 CNT I Senior Teachers, (Key CNTST1&T4)

**Result:** Certified CNT IV Teacher

Allows to teach and educate students in CNT IV, and evaluate under supervision of a Senior Teacher

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT IV Teacher is added to the UHT Instructor-Directory (KeyCNTT4)